



The Friends of the Hospital of St Cross

Report for the period November 2021 to July 2022

For presentation to the AGM on 7th September 2022

Accounts for the year to 31st December 2021

Approved by the Board on 8th August 2022



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Winner 2016

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Cover photo Doug Jones, Chair of the Friends, presented logoed mugs to staff at the Hospital. This was funds raised in the community to say Thank You NHS for all their work during the pandemic.

Acknowledgements

The majority of photographs throughout this report were taken by Friends Volunteers.



Members of the Hindu community in Rugby marked a Selfless Efforts for Welfare of All (SEWA) Day by re-painting some of the railings at the hospital

1. Welcome letter from the President

Dear Friends and Supporters,



As 2021 began, the Board of Trustees looked forward to resuming “service as normal”, but as we are all aware this was not to be. Board meetings via ZOOM continued until we were able to resume meeting in person, albeit masked!

Fundraising has continued to pose challenges and we continue to benefit from legacies which have enabled us to support requests for equipment. Some of our biggest items have been the ocular tomography scanner £52,341, mini c-arm x-ray machine £50,000 and the 2 scalp coolers £33,651.

As I said in my report last year, including the Friends as a beneficiary in your will enables us to continue to support major requests, so a thank you for the legacies. The Board would like to thank all those individuals who donate to the Friends and especially to the Coventry Building Society for its support. Through our governance policies we guarantee that 100% of any money donated to the Friends is used for the benefit of those at St Cross and all our Trustees and volunteers provide their time and services for no financial reward. The Board works closely with the hospital management to identify and support the requests which will improve patient care.



As the year progressed, we were able to resume some of our voluntary services and the Ward Trolley Service which is looked after by Elizabeth Burnett is welcomed by patients and staff. Volunteers and staff at the hospital have continued to be challenged by the pressures resulting from COVID 19.

My sincere thanks and appreciation to everyone whether you are a volunteer, a Trustee or a supporter, for your help, efforts and contributions in 2021, and for continuing to rise to the challenges.

Yours sincerely,

Kathryn Lawrence – August 2022

2. Chairman's Report November 2021 to July 2022

The last AGM on Wednesday 1st December 2021 was held at the Benn Hall and reports covered the operational activity of the Charity up until the end of October 2021 and our accounts for the year ended 31st December 2020.



The meeting was well attended and we were fortunate to have in attendance the High Sheriff of Warwickshire and Dame Stella Manzie, Chair of the UHCW Board of Trustees. The tenure of Willy Goldsmith as Chair of the Friends Board of Trustees came to end and we thank him for the all that he did during his term of office.

At the time of the last AGM Covid still created a degree of uncertainty and nervousness around how meetings should and could be conducted and when and where face masks should be worn. Fortunately, things are more relaxed now but Covid remains a clear and present danger and we all need to remain watchful and considerate of the needs of others as the situation continues to evolve and infection rates fluctuate.



The generosity and support of local businesses, clubs, associations and individuals seem to know no bounds in Rugby and that unwavering support of the Friends and the Hospital of St Cross is very much appreciated. ASDA came up trumps at Christmas with a generous donation of a trolley full of Christmas treats for those who were unfortunately hospitalised over the festive season. I'm more than certain that these were enjoyed by staff and patients alike and helped to raise the spirits of all involved.

We also received another significant donation from the Coventry Building society, £33,286 our single largest contributor once again thanks to its generous savers. Support was also received through the Ladies section of Rugby Golf Club. In spite of the obvious difficulties, due to the pandemic, the fund-raising efforts of the Ladies section can only be described as sensational and at a presentation in the Club House Ladies section Club Captain Sue Tura presented the Friends with an amazing £3,740. The Rugby Rokeby Lions also supported us through a Bridge Tournament which raised a fantastic £2000. These are just examples of the tremendous level of support that we continue to receive and regardless of the amount whether big or small every penny donated helps The Friends to support the Hospital and the Community Health Service in Rugby and helps us to improve the patient experience or to bring services to the town.

Voluntary services at the Hospital continue to grow and I am delighted to announce that most recently we have been able to restart our Tea Bar operations. I know that this has been a long time coming and a number of our volunteers are very much enjoying once again, being back in action, serving refreshments in the outpatients waiting area. Ward Trolley and



Ward Administration Services are increasingly appreciated by staff and patients alike. The various services provided by the Friends at St Cross are managed through a team of eight Service Coordinators leading the 150 plus volunteers who continue to deliver, week in week out with commitment, enthusiasm and good humour more hours of service than ever before. To all our volunteers both new and long serving, I thank you for your service.



The Friends was originally established in 1955 and 2020 was our Sapphire Anniversary. A phenomenal achievement and testimony to the importance of the Charity to so many that after 65 years we continue to grow in stature within the area. Our Sapphire Appeal launched at the end of 2019 came belatedly to an end, due to the pandemic, on 31st December 2021 with a magnificent £81,000 having been raised. This helped to replenish our funds committed primarily to the Maple Unit.

Earlier in the year UHCW launched its Draft Organisational Strategy 2022-2030 with plenty of opportunity for organisations, individuals and staff to feed in to the further development and more detailed iterations of these plans. We look forward to learning more about what this means for St Cross and the services that are provided here in Rugby. New Theatres have been installed and are being fully utilised and a New Endoscopy unit is also operational. These are great indicators of the investment into the St Cross site and the further development of new and existing services. For many change is a time of uncertainty and concern but for me this is an exciting environment and I am certain that there will be a number of opportunities that arise where the Friends will be able to support and help to improve the patient experience or to bring services to the town as the strategic direction becomes clearer.

Since the turn of the year less requests for support than we would normally expect to receive have been seen and full details of what we have done can be seen in detail within the gift list. Obviously, it's great to be able to help with the big items but it's so often those smaller things that make a visit to hospital so much better. But it's not just the patients but also the staff too who benefit and some of those important little details like logoed mugs for staff and volunteers to use, branded Thank You NHS with the Friends logo on the opposite side. The introduction of updated workwear for volunteers has been well received, increasing the visibility of the Friends and raising awareness of our volunteer's presence on site. A new display fridge for the Tea Bar so that the drinks and snacks can be clearly displayed and hopefully increase sales too.

For the Friends it has been an absolute pleasure to provide Scalp Cooler Hair care Kits for those that need it, a Dynamometer and Leg Press for the physiotherapy department, Ultrasonic guided injections and of course Bingo Prizes for Ash Dialysis!!

All of this and so much more has only been possible because of the unwavering generosity and the continued invaluable support of the Rugby Community.

Thank you

Doug Jones - Chairman and Governance Lead



3. Treasurer's report for 2021



Compared to previous years, The Friends of the Hospital of St Cross, in some respects, has had a quieter year to those previously from a financial perspective. That said, in the absence of any public collections due to the national restrictions, donations for the year were double that received in 2020. This is thanks to the hard work of the volunteers and trustees and the generosity of local people and organisations.

In 2021, the Sapphire Appeal aimed to raise £65,000 but when it closed £81,000 had been achieved.

We have been given a variety of items donated to The Friends of the Hospital of St Cross in order to resell on the internet to raise funds ranging from the sale of books to toys etc. under the stewardship of Pauline Masterman, Colette Weller and other volunteers.

The Friends of the Hospital of St Cross are grateful for the legacies bequeathed during the past year in such difficult times.

Kathryn Lawrence and Tracey Lennard have both continued their sterling work in both public and social fundraising respectively collecting over £12,000 between them.

Amongst the numerous donations from various local organisations during the year has been £20,000 from the Rugby Group Benevolent Fund, Rugby & District Cancer Concern £11,152 and the Edward Boughton Long Lawford Charity and The Rugby Fellowship Centre each donated £1,000.

The modern age has seen an eight fold increase in the level of funds being raised through the various internet platforms such as Virgin Money Giving and PayPal Giving etc..

Although regrettably the Tea Bar had to close due to the government restrictions, the demand for the Ward Trolley Service continued with the help of volunteers and the introduction of a machine for taking card payments. I am pleased to report that the Tea Bar reopened for business in July.

We are indebted to Coventry Building Society for their record donation of £33,286.00 as stated at last year's AGM.

It is reassuring to know that the financial health of The Friends of the Hospital of St Cross is so ably being supported by so many.

The Friends of St Cross Hospital has achieved a great deal in terms of making available funds for the gifts to the hospital itself. Gifts totalling £313,549 of which £163,000 was spent equipping the Maple Unit.

In terms of retained funds and investments, administration costs have been kept low. The Friends of the Hospital of St Cross has taken the decision to open an internet based account with the Unity Trust Bank. This will enable us to dispense with issuing cheques when paying for goods such as the gifts for the hospital and for patients in the form of making sure we have supplies for the Ward Trolley Service in terms of newspapers and various forms of sustenance.

The finances of the Friends of the Hospital of St Cross only records the monetary amounts. The true value of the work done by everyone involved should not be underestimated. Not everything can be reflected in monetary terms.

Paul Malin – Trustee and Treasurer

4. Accounts for the period 1st January 2021 to 31st December 2021

The Friends of the Hospital of St Cross

Income and Expenditure	Note	Year end 31/12/2021 £	Year end 31/12/2020 £
Income			
Voluntary income			
Donations	1	98,977	48,512
Legacies	2	18,489	77,332
Fund raising income			
Events and Christmas raffle	3	12,337	6,000
Sapphire Appeal	3	□	7,372
Investment income			
Bank and building society interest	4	765	1,806
Dividends	4	3,766	3,194
Trading income			
Tea bar	5	813	2,687
Income total		135,147	146,903
Movement in value of equity investments		8,867	-13,735
		144,014	133,168
Expenditure			
Charitable expenditure			
Total gifts purchased	6	264,496	46,107
Total gifts in progress	6	49,053	-
Support costs			
Administration and support	7	2,979	5,699
Governance costs			
Subscriptions to attend (includes insurance) & AGM expenses	8	1,443	913
Expenditure total		317,971	52,719
Net incoming/(outgoing) for the year		-173,957	80,449
add back 2019 accrual		-	21,801
Balance brought forward		481,281	379,031
Balance carried forward		307,324	481,281
Statement of financial position at 31st December 2021			
Current assets			
NatWest current account		120,286	160,077
Skipton Building Society		-	85,000
Unity Bank		500	-
Coventry Building Society		60,000	85,632
Hodge Bank		85,000	85,000
M & G Charifund		74,181	65,427
BLK Charities UK Bond Fund A Inc		10,932	-
BlackRock Charities Growth and Income Fund Class A		5,333	-
Cash in hand		145	145
Total assets		356,377	481,281
Outstanding liabilities			
Gift purchases ordered/invoiced, payments not cleared		-49,053	-
Net current assets		307,324	481,281
Composition of net current assets			
Unrestricted funds		124,067	330,103
Funds with 90 days notice		85,000	85,000
Funds in equity investments		90,446	65,427
Funds designated by donors		7,811	751
Total		307,324	481,281

The Friends of the Hospital of St Cross

Notes to 2021 accounts

Note	31/12/2021	31/12/2020
	£	£
1 Donations		
Coventry Building Society (St Cross Supporters account)	33,286	22,828
Organisations	39,528	9,022
In memory	7,241	4,250
Gift Aid	1,480	3,453
Individuals	4,817	2,348
Internet platform (Virgin Money Giving, Paypal Giving etc.)	6,037	2,165
Book sales (Stalls in St Cross and via other channels)	1,350	2,022
All other donations (tea bar, collecting tins & drums, regular donations)	1,338	1,335
Miscellaneous (Rugby Lotto, Amazon Smile, sundry donations)	3,900	1,089
Total	98,977	48,512
2 Legacies		
Pamela Alice Preston	-	61,659
Marion Smith	-	9,673
Hayward Francis Underhill	-	5,000
Frederick John Truelove	-	1,000
Rosemary Anne Cooney	1,000	-
Douglas Pitcher	17,489	-
Total	18,489	77,332
3 Fund raising (net of expenses)		
Sapphire Appeal	-	7,372
Social fund raising	12,098	6,000
Public fund raising (no events held in 2020)	239	-
Total	12,337	13,372
4 Savings & investment income		
Skipton Building Society instant access account interest	28	450
Coventry Building Society Charities instant access account (year to 31st March 2020)	130	632
Hodge Bank 90 day notice account interest (year to 31st March 2020)	607	724
Dividends - M&G Charifund	3,527	3,194
Dividends-BlackRock UK Bond A (designated funds)	178	-
Dividends-BlackRock	61	-
Total	4,531	5,000
5 Tea bar		
Gross takings (to 3rd week in March, when activity ceased)	4,937	4,522
Less cost of sales (all remaining stock has been written off)	-4,124	-1,835
Total	813	2,687
6 Gifts		
Gifts & grants to NHS Trusts	263,496	48,674
Donation to Rugby Hospital Radio	1,000	1,000
Total	264,496	49,674
Purchases in progress	49,053	-
	313,549	49,674

The Friends of the Hospital of St Cross

Notes to 2021 accounts Cont'd

Note	31/12/2021 £	31/12/2020 £
7 Administration & support		
Office, stationery & postage	389	662
Travel	328	410
Marketing	170	159
Fund raising equipment	433	261
Miscellaneous	1,659	640
Uniforms	-	3,567
Total	2,979	5,699
8 Subscriptions to attend (includes insurance) & AGM expenses		
Insurance	887	
AGM Expenses	556	
Total	1,443	913
9 Unrestricted funds		
NatWest current account	120,286	160,077
Skipton Building Society	-	85,000
Unity bank	500	-
Coventry Building Society Account	60,000	85,632
Cash in Hand	145	145
Less designated funds	-7811	-751
Total	173,120	330,103
	Closing value @ 31/12/2021	Original investment
10 Movement in value of equity investments		
M&G Charifund account	74,181	65,427
BLK Charities UK Bond Fund A Inc	10,932	11,152
BlackRock Charities Growth and Income Fund Class A	5,333	5,000
Total	90,446	81,579
Net movement	8,867	-



5. Gift list for 2021

GIFT LIST FOR 2021		
Item	Ward/Department	Cost £
2 x Scalp Coolers + 5 year maintenance	The Maple Unit Total £163,664	£ 33,651
9 x Treatment Chairs		£ 25,500
ICU Infusion Pumps		£ 22,800
Knightsbridge Furniture Various		£ 12,002
Bristol Maid General Furnishings		£ 11,798
Haemonetics Blood Fridge Blood Track		£ 8,400
Dekomed - sterilising equipment		£ 7,265
Labcold Blood Fridge		£ 6,517
Trolleys / stands / fridges		£ 6,795
3 x Dynamap - blood pressure monitors		£ 5,294
Veinviewer		£ 5,200
Office equipment various		£ 4,888
3 x Blood Collection Scales		£ 3,680
ECG Machine + Stand and Drawer pack		£ 3,396
Weighing Equipment		£ 1,123
Contronics Prolog Lab Monitoring System		£ 894
Danicentres - dispensing apron and gloves		£ 855
Notice Boards		£ 612
2 x TV's and Wall Brackets		£ 480
3 x Staff Lockers		£ 403
6 x Bislely 10 Drawer Cabinets		£ 742
Privacy Screen		£ 370
Microwave and 2 x Fridges		£ 353
Dishwasher		£ 324
1 x Commode Chair		£ 219
Christmas decorations		£ 104
Ocular Coherence Tomography Scanner	Ophthalmology - Glaucoma Service	£ 52,341
Mini C Arm Xray machine	Orthopaedics	£ 50,000
Ultrasound Guided pain relieving injection equipment	Out Patients	£ 24,315
Donation to Long Covid Hyperbaric Research	UHCW Research & Development	£ 10,000
19 x Repose Mattress Toppers	Ash Dialysis Unit Total £4,580	£ 3,876
TV & Blue-ray players		£ 397
Prizes for bingo sessions		£ 200
1 x Radio and securing cable		£ 49
Clothes rail for staff	Mortuary refresh Total £4,121	£ 39
Bingo ball set		£ 18
Carpets		£ 1,308
Bier		£ 1,230
4 x Armchairs		£ 922
Blinds		£ 390
Artificial flowers		£ 150
Fridge		£ 121
5 x Exercise Bikes	Cardiac Rehab	£ 3,637
6 x Nebulizers and Mask Packs	Community Service	£ 633
5 x Hairdryers, 10 x Clocks & 8 Mirrors	All Wards	£ 258
	Total	£313,549

6. Volunteer Report



Despite the various surges in the level of COVID infection in the community, volunteer activity in the hospital has continued throughout the year to date and has been running at a level approximately 10% more than last year. This will increase with the resumption of the Tea Bar service which has welcomed back some 20 volunteers, who stood down when the pandemic struck, and brings the number of volunteers active in the hospital up to over 150!

Unfortunately, at this point in time, we have been unable to resume Holding Hands in Theatre and Befriending has yet to be fully re-started.

We have seen an increase in the number of A-Level students who have volunteered over the past year. We have also recruited a number of volunteers from the team who supported the vaccination programme based at Locke House and wished to continue supporting the NHS. We welcome both of these wider engagements in the community.



In recognition of the fact that many of our volunteers have retired later than those recruited in earlier years, and so may choose to volunteer for a shorter period than their predecessors, the Board has decided to reduce the length of time to qualify for Long Service Awards from 15 years to 10 years. We will endeavour to present awards to all those who have passed this level of service at the AGM.

Willy Goldschmidt – August 2022

7. Social fundraising Report



The team finished 2021 so brilliantly after restrictions with a phenomenal amount raised at The Unmasked Ball of £8,925

So far this year we've had an evening called "Here come the girls" when two female singers performed to a crowd of 80 people and enjoyed a delicious supper from Chefs Kitchen. This raised £2,826

On June 25th I celebrated a special birthday and my guests donated money towards the new breast clinic instead of giving me presents. This raised £3,629 which is very much appreciated as it will cover the cost of a tattoo machine requested by surgeon Katherina McEvoy.

On November 26th we will be holding our Magical Black Tie and dance. The profit from this will also go to the new breast clinic.

Tracey Lennard – August 2022

8. Fundraising Co-ordination Report



Opportunities for fundraising have continued to be severely restrained and the Board would like to thank all those individuals, small groups and organisations who have made donation during the year, especially those who donated in memory of a loved one. The residents of Hanover Gardens and the members of the Rotary Club of Rugby Dunsmore continue to raise monies and we appreciate the work they do during the year.

The Rugby Music Festival in August was an opportunity to raise our profile and to sell some of our hand-crafted cards and DVD's. Book sales continue to generate a small income. The Board would like to thank Pauline Masterman and her volunteers who keep the bookstore in order and find ways to sell the donated books, jigsaws and DVDs.

The Rugby Lotto has been one of the few fundraising initiatives that has continued throughout the pandemic and since we joined in June 2019 it has raised £2,380. I would encourage everyone to participate and buy a ticket or two, you might win a cash prize and the Friends benefit especially as our traditional methods of fundraising will be constrained for the foreseeable future. To buy tickets just follow this link <https://www.rugbylotto.org>

The generosity and support of everyone, both individuals and groups who continue to support the work of the Friends is much appreciated. Remember that donations can be made on line by following the links on our website www.fxs.org.uk or by cheques sent to our office. If you are a taxpayer and able to Gift Aid, this adds 25% to your donation.

On a more positive note, as we look to the future, we hope that individuals, groups and organisations will consider finding innovative ways to raise funds to support the excellent work of this charity as we continue to put the welfare of patients at the centre of everything we do.

Kathryn Lawrence – August 2022

9. Hospital Report



It's hard to believe the 2021 AGM was nearly a year ago. The time has passed very quickly. At the last AGM, we heard the Haematology and Oncology team describe the benefits of having better haematology and oncology facilities based at Rugby with the opening of the Maple Unit. A year on, this much-loved Unit is seeing more patients and delivering excellent patient care. The patient experience has certainly improved in the state of the art facility. In the last year the two new Theatres were launched which has been very exciting. In addition to this launch other facilities within the Theatre complex have been upgraded which will see more patients attend the site.

This year has seen much change within the NHS. In order to respond to the changing environment, the Trust has reviewed its Strategy for 2022-2030, by seeking the views of its staff, the people using its services and the services and organisations we work alongside. With this in mind, the

Trusts vision is still to be a national and international leader in healthcare but rooted in our communities. There remains strong support from the Rugby community. The Strategy describes its 2030 priorities, such as opening a new Endoscopy Suite, establishment of an Imaging Academy and Rugby site development. The re-development of the Hospital of St Cross is exciting and I know long awaited and supported by the Rugby community who are passionate about improving services close to home. As we embrace the changes, I will keep you updated on how this affects you, our community and staff on site.

A change soon to come to Hospital St Cross is the implementation of the 'way finding and signposting' around the Rugby site. We have all heard how patients state that they love the hospital but the signposting needs to be improved. It will be! I will be seeking feedback from you all on the plans that have been devised.

I would like to thank all of the volunteers and Service Coordinators for the precious time that you give freely to the Hospital, patients and staff you have made a huge impact to patient care and experience.

During the last year, Willy Goldschmidt stepped down as Chairman of the Friends. He has continued as the Friends Communication Lead and Trustee, with unwavering support and utilising every opportunity to raise funds and the profile of the Friends. Doug Jones has started his role as Chairman by building upon existing relationships and embracing and supporting the changes that are taking place. At the start of the year requests for funding were infrequent. However, the Friends have received requests for bigger projects which I am sure they will share with you soon once details have been agreed.

Thank you for your continued support and commitment

Janine Beddow, Lead Nurse Site Operations Hospital St Cross



10. Dates for your diary





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The Friends of St Cross

We support The Hospital of St Cross, Rugby
and the local community and mental health services



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Supporters must be 16 years or over