



# **Friends of the Hospital of St. Cross** **ANNUAL REPORT 2017**

***Presented to the Annual General Meeting  
on 27<sup>th</sup> June 2018***



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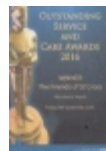
***Registered Charity number: 218485***



Special Award  
Winner 2014



Team of the Year  
Winner 2016



## 2017 IN PICTURES ...



A donation from the Kalyan Yoga Centre and members of the Hindu Community - presented in the Kimberley Road temple.



Above left: Members of the Rugby Biker Triker Group presented a donation for the Friends to use for the benefit of patients attending the Joan Cox Diabetes Centre, at St. Cross.



Above right: Members of the dermatology outpatients clinic were delighted with donations of a dermatoscope, dressings trolley and examination couch, for their expanding service.



Having helped out at the fund-raising sub-committee's Carols Around the Christmas Tree event, in December, the generous Jaguar Land Rover volunteers presented us with a cheque for £500!



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*(Our front cover photo was used in the Festive Befriending Initiative - please see the Board Report for more information on this!)*

## Acknowledgments

*Photographs throughout this report were taken by the following Friends volunteers - Bob Mercer, Navin Mistry and Eddie White.*

*Design of this report, and the posters and tickets for our various fundraising events, has been undertaken by Alan Wiggins.*

*Thank you.*

## Letter from the President



*Dear Friends,*

### **A warm welcome to our 63<sup>rd</sup> Annual General Meeting.**

After 36 years as a volunteer for the Friends it is a great honour to be chosen as your President, and I am encouraged that 2017 was such a successful year.

Our twin objectives are to raise money for equipment at St. Cross and the community, plus mental health services - and to provide volunteer services for the hospital. This combination ensures that we make a significant difference in improving the patient experience.

We have an excellent working relationship with the management team at the hospital, led by Juliet Starkey, Group Manager St. Cross & Trauma Orthopaedics. Through their help, we are guided in the equipment we purchase for the hospital. This makes sure the money we raise goes as far as possible to enhance patient care.

If you look at our gift list for 2017, we purchased equipment totalling £115,123, and it is only through the goodwill of Rugby people that sufficient money was raised to make these purchases possible - thank you.

Our volunteers are excellent ambassadors for the Friends, and I thank each and every one of them for their ongoing support.

None of our work would be possible without a willing team of Trustees, and I offer my personal thanks for all the hard work they have carried out in making sure the Friends are such a successful charity in Rugby.

Every year throws up challenges, but I am confident the Friends will be equal to them, and will continue going from strength to strength.

*Yours sincerely,*

**Mike Rigby**



## WHY NOT REQUEST A ROADSHOW?

*Organisations wishing to find out more about  
our Charity can request a free roadshow  
- call 01788 663754 or email [roadshow@fsx.org.uk](mailto:roadshow@fsx.org.uk)  
More information about the Charity  
is published on our website at  
[www.fsx.org.uk](http://www.fsx.org.uk)*





## Report of the Board of Trustees - 2017



The last year has seen several exciting developments for the Friends of St. Cross, with the introduction of a new service delivered by our volunteers, as well as increased engagement with the community in Rugby, and donations of equipment which have helped expand the services that the Trust delivers at the Hospital of St. Cross!

One of our favourite donations is the bingo cage and accessories, which have brought many a smile to the faces of patients in the Ash Dialysis Unit. Some 80 patients undergo up to four hours of treatment, three times a week - and had very little social activity during these sessions, other than the companionship of their fellow patients -

until two members of staff started running bingo sessions. When the Friends discovered that the ladies did this in their own time, and even dug into their own pockets to buy prizes, the Charity stepped in. We now have some 16 volunteers running up to eight sessions, on a monthly basis, and have donated funds for the prizes for whoever calls 'house!'

In November and December we ran a Festive Befriending initiative, which was themed around "no-one should be alone at Christmas". The idea was developed with the help of the Modern Matrons, and we appealed to the community in Rugby to visit patients who would unfortunately not be well enough to be discharged home before Christmas. 50 members of the public responded, and made over 100 visits to the hospital between Christmas and New Year. The initiative was acclaimed as an outstanding success by patients, staff and volunteers - many of whom signed up to repeat the exercise this December, and some have joined the Friends as regular volunteers.



*A new bingo cage and accessories have brought a smile to the faces of all who get to shout 'house!'*

In September, members of the Rugby branch of Hindu Swayamsevak Sangh (UK) approached the hospital, through the Friends of St. Cross, and offered to arrange for a team of up to 30 volunteers to clean or paint an area of the hospital, over the last weekend of the month. Every year, the group have been volunteering their time on a day set aside primarily to make a difference to people around us. The day is called 'Sewa Day'. The team brightened up the little-used corridor from the Friends Blood-Taking Unit, past the Elizabeth Chapel, and on to the Multi-Faith Prayer Room.

## Report of the Board of Trustees - 2017 (Contd.)

The number of ways that the community has chosen to demonstrate their support for the hospital is constantly increasing, and this year an intrepid couple undertook a cycle ride, from John O'Groats to Lands End, and a local photographer is seeking donations for copies of photos he has taken at polo games!

During the year, the Hip Preservation Service took delivery of two arthroscopes. These are used during keyhole surgery procedures, to repair damage to the hip joint to reduce, or avoid, the need for hip replacement surgery. This is a world-class service, which is performed predominantly at the Hospital of St. Cross, and has been further supported by the donation of specialist physiotherapy equipment, which is not available on the NHS.

The new arthroscopes are connected to high-definition screens, and have internal mirrors which enable the surgeons to look at the joint, using either 30 or 70 degree angles, from the tip of the scope. They allow our surgeons to create highly detailed images of the hip joint's surface, and repair the problems causing our patient's pain. We're very grateful for the donation to help our patients.



*New arthroscopes enable St. Cross surgeons to examine hip joints more closely.*



*The new Outpatient Cystoscopy Urogynaecology Service (FOCUS) equipment in the Owen Building.*

An exciting new service for the whole of Warwickshire has been created, thanks to a Friends donation of the specialist equipment needed to establish a Flexible Outpatient Cystoscopy Urogynaecology Service (FOCUS) in the Owen Building, at St. Cross. Until now, patients had to travel to University Hospital, in Coventry, for a procedure that requires general anaesthesia and an overnight stay in hospital. The new service in Rugby will introduce

outpatient diagnostic and therapeutic flexible cystoscopy clinics, with new equipment, so patients will only need a local anaesthetic and can go home

## Report of the Board of Trustees - 2017 (Contd.)



*The latest Cardio Pulmonary Exercising Testing equipment in the Rehab Gym.*

The Friends have been proud to support the Cardiac Rehab team at the Hospital of St. Cross for many years, and have provided the majority of the equipment used in the Rehab Gym. So when the Board heard that the equipment - used to assess patients, at the start of their rehabilitation - was 15 years old, and becoming a problem to maintain, there was no hesitation in approving a request to spend £40,000 on the latest Cardio-Pulmonary Exercising Testing (CPET) equipment. In addition to assessments undertaken by patients at the start of their rehab after a 'heart event', this equipment can be used to assess patients prior to transplants, as part of a research study that the team, and some of their patients, are taking part in.

**Willy Goldschmidt** *Chairman*



*Steve and Carol Hamp  
cycled from Land's End to  
John O'Groats - raising  
over £2,000 for  
the Friends!*



*Members of the Rugby branch of Hindu Swayamsevak Sangh (UK) help St. Cross on 'Sewa Day'!*

*To find out more about  
volunteering, call us on  
01788 663754 or look up the  
'for volunteers' section of  
our website, at  
[www.fsx.org.uk](http://www.fsx.org.uk)*



## Treasurer's Report



2017 was another successful year, with funds raised being well up to budgeted levels, and gifts purchased, at £115,123, being £27,869, or 31.9% above the figure for 2016. This gifts figure was greatly enhanced by two large purchases, for cardiac rehabilitation and for gynaecology, which we were pleased to be able to meet in full.

Donations received, at £51,388, were comfortably above the previous year. Within this amount was the excellent sum of £23,900 from Coventry Building Society's St. Cross Supporter's account. All our regular sources of donations - individual, organisations, in memory, book sales, collecting tins, hospital drums, regular giving and sponsored

events - performed well, and are a core part of our year-to-year income.

The total from our own fund-raising activities also exceeded the previous year, and both our public and our social fund-raising events bettered both our expectations, and the previous year's totals. On top of this, our house-to-house and supermarket and Christmas raffle, all exceeded the previous year's totals.

Bequests were lower than in 2016, and this area is, of course by its nature, not predictable. At the time of writing, we are awaiting four bequests, all of which are likely to be quite sizeable. As ever, we are most appreciative of the foresight shown by people remembering us in their wills, and we assure their families that 100% of money received by us, including bequests, is spent wisely and with care, for the benefit of patients attending the Hospital of St. Cross and using the NHS Community Service based in Rugby.

During the year, we completed our plans to manage our cash resources in a more structured way, with adequate money to meet short-term needs being held in current and easy-access savings accounts. Longer terms funds are now held in a 90-day notice account or, for the first time, in an equity investment account designed for charities. This account, run by investment firm M&G, invests conservatively both for income and capital growth, and should help us hedge against inflation over the longer term, whilst also giving more income than traditional savings accounts. As a consequence, our income from interest, dividends and capital growth more than doubled that for the previous year.

We are anticipating receiving a number of requests for support for significant projects which will make a difference, and will draw down reserves, which fluctuate throughout the year. We have committed £80,000 to the Complex Sleep Studies Project and £20,000 to make the Children's Outpatients Department more child friendly.

Thanks, as ever, to all volunteers, individual supporters, supporting organisations, benefactors, trustees - and anybody else not in the above groups - who have helped make the Friends a successful, thriving organisation, held in great esteem by the people of Rugby.

**Pam Roberts**



## Statement of Accounts

*Friends of the Hospital of St. Cross - income and expenditure statement from 1<sup>st</sup> January 2017 to 31<sup>st</sup> December 2017.*

<u>Category</u>	Note	31-Dec-17	31-Dec-16
<b>Income</b>			
<u>Voluntary income</u>			
Donations	1	51,388	47,487
Legacies	2	14,902	49,922
<u>Fund raising activity</u>			
Collections	3	3,670	2,865
Fund Raising	4	20,656	15,114
<u>Investment income</u>			
Bank interest	5	419	1,138
Dividends	5	822	0
Capital growth from M&G Charifund account	5	928	0
<u>Income from charitable activities</u>			
Tea bar	6	8,994	9,803
<u>Miscellaneous income</u>			
Proceeds from sale of van originally funded by the charity		5,000	0
Income total		106,778	126,328
<b>Expenditure</b>			
<u>Charitable expenditure</u>			
Total gifts purchased	7	115,123	87,254
<u>Support costs</u>			
Administration and support	8	3,868	2,650
<u>Governance costs</u>			
Subscription to Attend & AGM expenses		925	797
Expenditure total		119,916	90,701
Net incoming/outgoing resources for the year		-13,138	35,627
Balance brought forward at 1st January		312,403	279,777
Balance carried forward at 31st December		299,265	315,404
add back 2016 accrual		3,001	0
deduct 2017 accrual		-1,547	-3,001
Total		300,719	312,403

## Statement of Financial Position at 31<sup>st</sup> December 2017

Current assets	31-Dec-17	31-Dec-16
Nat West Bank current account	81,253	169,834
Skipton Building Society Community Saver account	85,000	0
Hodge Bank 90 day notice account	85,000	70,000
Barclays Bank Community account	0	75,485
M&G Charifund investment account	50,928	0
Cash in hand (tea bar float/till)	85	85
<b>Total assets</b>	<b>302,266</b>	<b>315,404</b>
 <b>Outstanding liabilities</b>		
Gift purchases authorised not yet completed	1,547	3,001
<b>Net cash balance</b>	<b>300,719</b>	<b>312,403</b>
 Unrestricted funds	149,230	241,502
Funds at 90 days' notice	85,000	70,000
Funds in equity investment	50,928	0
Funds designated by donor	15,561	901
<b>Total</b>	<b>300,719</b>	<b>312,403</b>

### Notes to 2017 accounts

#### Note

1	Donations	amount £
	Individuals	3,484
	Other organisations	5,271
	In memory	4,424
	Coventry Building Society	23,909
	Book stalls in St Cross	4,592
	Online donations /sponsored events	3,616
	All other donations	2,833
	Gift Aid	3,260
	<b>Total</b>	<b>51,388</b>
 2	<b>Legacies</b>	
	Mr V.L.Dean	13,882
	Mrs F.D.Hoare	1,020
	<b>Total</b>	<b>14,902</b>

## Statement of Financial Position (Contd.)

3	Collections	
	House to house	2,845
	At supermarkets	825
	Total	3,670
4	Fund raising (net of expenses)	
	Public fund raising	4,876
	Social fund raising	13,682
	Christmas raffle	2,098
	Total	20,656
5	Investment income	
	Bank interest & Hodge Bank 90 day account interest	419
	Dividends - M&G Charifund final quarter	822
	Capital growth from M&G Charifund, final quarter	928
	Total	2,169
6	Tea bar	
	Gross takings	15,600
	Less cost of sales	-6,607
	Total	8,994
7	Gifts	
	Gifts & grants to NHS Trusts	114,123
	Donation to Rugby Hospital Radio	1,000
	Total	115,123
8	Administration & support	
	Printing	120
	Office, stationery & postage	434
	Travel expenses	577
	Marketing	1,259
	Fund raising equipment	349
	Miscellaneous/sundries	1,128
	Total	3,868

## Gift List for 2017

The full list of donations of equipment and support for projects is listed below.

Item	Ward/department	Cost £
Bingo equipment & table	Ash dialysis unit	140.17
Bingo prizes		100.00
Foldable bed sensor pad		262.96
Phlebotomy chair	Blood taking unit	2,410.80
Bike stand		102.91
Exercise system	Cardiac	40,269.00
Exercise equipment	Rehabilitation	256.87
Flip chart easel	Cedar Ward	191.32
Examination couch	Dermatology	695.00
Chairs		109.20
Miscellaneous equipment	Diabetes Centre	305.25
Diabetic monitoring system		2,000.00
Cystoscope and accessories	Gynaecology	36,500.00
Good Times Project	Hoskyn & Mulberry Wards	1,000.00
Patient steady system (mobile transfer device)	Hoskyn Ward	1,132.00
Patient turner		968.90
Materials for decorating main corridor	Hospital	409.70
Annual grant	Hospital Radio Service	1,000.00
Manometry system	Gynaecology	4,900.00
Knee surgery positioning equipment	Operating theatres	2,436.50
Dropped foot stimulator	Orchard Centre	1,340.00
Oxygen concentrator		2,640.00
Ergo tables	Out-patients physiotherapy	1,445.00
Audiology Patient checking in system	Out-patients	1,744.00
Heart rate & rhythm checker	Out-patients and in-patients	4,350.36
Indoor furniture	Paediatric Outpatients	4,044.90
Various items of equipment		3,851.52
Outdoor furniture		517.11
	<b>Total</b>	<b>115,123.47</b>



## Volunteer Co-Ordinator's Report



We currently have approximately 200 volunteers but, as our services expand, we need more people to support the Friends. The review of our Befriending and Dementia service has been completed, and is working successfully - under the combined name of Befriending Services.

The review now provides a service we can be proud of, and I am delighted many new volunteers have joined us, to make this possible.

The cataract service at St. Cross continues to seek more volunteers through 'Holding Hands in Theatre'. It is always popular with our volunteers, and it is a pleasure to provide a service that is valuable and so well thought of.

There are two services where additional volunteers are always needed, namely: Mealtime Companion and Patient Surveys. The nurses can never have enough help at meal times, and will welcome some additional names to support this important service.

Pleasingly, our two Help Desks are fully manned and working exceptionally well and, in outpatients department, we have around 60 volunteers running the Tea Bar. For the first time in many years, this popular service has some vacancies - are you interested?

I would especially like to mention the help Karen Tomlinson is giving me with recruitment. She is based in the Octopus Centre, and many of you will know her through the searches, identity badges and booking mandatory training.

Our services fluctuate over the year and you will gather from the above comments that new recruits are always needed. If you have some free time please contact us, you will be made most welcome - and in helping St. Cross, you are making a valuable contribution of your time.

**Mike Rigby**

*You can find out more about the  
Friends of the Hospital of St. Cross  
on our website - at [www.fsx.org.uk](http://www.fsx.org.uk)  
- or why not find us on Facebook?*



## Member Recognition

In May 2017, Mike Rigby was joint winner of a *Pride of Rugby* long service award, which recognised his 36 - and counting! - years of service to the Friends.

At our AGM, we will honour and thank two new life members, who have served the Charity for 15 years. Stan Bird is a former Trustee, who still helps with collections and IT. Pat Lines is also one of the team of collectors.

They will bring the number of Life Members who are still active volunteers, up to an amazing total of 30. We thank them all for their dedication, and invaluable contribution to the Charity and the Hospital.

## Social Fundraising Report



In 2017, my fund-raising sub-committee staged six events, raising a grand total of £13,682.

In June, we held a *Three Course Wine Tasting Dinner* at The Stockpot Café, in Ryton Organic Gardens. Attended by over 70 people, the event featured a special meal – created by The Stockpot chefs – a flight of wines from Underwood Wine Merchants, and a popular raffle.

The following month, in association with Nicky Main and Rugby Theatre, we staged a Murder Mystery Medieval Banquet, at Castle Farm. Written by Alan Wiggins, the mystery of *Tinkle's Last*

*Tinkle* was expertly played by actors from Rugby Theatre, with typical medieval fare served by wenches from *Chef's Kitchen*. Several keen-eyed sleuths guessed 'who dunnit' and additional generous match-funding from Nicky's employer, Holland & Barrett – for which we are extremely grateful – brought the total raised that night to a phenomenal £3830.

In September Rugby MP, Mark Pawsey, invited a group of 28 Friends to the Houses of Parliament; as a thank-you for their local community fundraising efforts. After a trip around parliament, and a meeting with Mark, the group enjoyed fish and chips at The Albert pub – and raised £210 into the bargain!



*Tracey receives a cheque from Nicky Main - courtesy of Holland & Barrett.*



*David and Angela Head were the trusty book-makers at our first ever Race Night!*

Later that month, *A Night at the Wacky Races*, galloped off at Castle Keep; with a host of madcap on-screen races, a tasty jacket potato supper prepared by Stephanie and Ian Wilson, and race sponsorship by generous local companies and individuals. With the invaluable help of 'book makers' Angela and David Head - from Rugby Area Talent Trust - over 70 people gamely 'put their shirts' on everything from horses and sheep to snails and fancy-dress characters, and a great deal of fun was had by all!



## Social Fundraising Report (Contd.)

On October 28<sup>th</sup>, our annual black tie dinner and dance – or ‘October Ball’ – featured wonderful local band *The Record Covers*, plus international singer, Julie Thompson. Once again, there was a superb three-course meal – prepared and served, by the wonderful *Chef's Kitchen* - Mike Folly's auction, wonderful table decorations by Janet Mawby, a raffle, a licensed bar, and Mark Homer's floor-filling disco.

Our final event of 2017 came in December, with *Carols Around the Christmas Tree*, once again at Castle Farm. Guests joined in the singing with Warwick's Diatonic Choir, and my sub-committee were ably assisted, throughout the evening, by a community volunteer team from Jaguar Land Rover; who took tickets, and helped run our raffle and bar. Special mince pies – made by our own Sue Jones – were washed down with mulled wine and, with the help of the bar, our raffle, and a very generous donation of £500 from the generous Jaguar Land Rover volunteers, this very festive event raised £1220.

**Tracey Lennard**



## Collections Co-Ordinator's Report



The year got off to a wonderful start, with our annual house to house collection, which took place in April 2017 and amounted to £2,845. This was a superb amount, considering the number of collectors taking part. A very big thank-you to all my collectors, this is not the easiest job, and I am very grateful for all the support they unflinchingly give me each year.

The Christmas raffle raised £2,098. This was due in part to very generous donations of prizes from various shops and businesses, which included a most generous prize of a day at Ascot Races with an overnight stay in a hotel, a £100 jewellery voucher, our magnificent Christmas hamper and many other valuable prizes. There was also a lot of hard work by those people selling raffle tickets. One group to mention are the ladies working on the Tea Bar, who managed to sell tickets, whilst dispensing teas and coffees. I would like to extend my sincere thanks to all the above mentioned.

Many shops and businesses that have our collecting tins in Rugby made a valuable difference to our finances, and I would like to extend my thanks to them for their on-going support.

This will be my last report, as I am stepping down after 21 years from the committee - but will be remaining a volunteer for the Friends. I would like to take this opportunity to say how much I have enjoyed my time as a trustee, as well as a very big thank-you for all the support and friendship!

**Doris Froggatt**

## Public Fundraising Report



There has been a variety of events which have raised funds, and the profile of the Friends. These have been in addition to the tin collections at supermarkets, the street collections, the annual Christmas raffle, and the events organised by Tracey Lennard and her team.

In May, we took a stand at the Rotary Spring Fair and despite the wind and the rain, our 'water or wine' attraction was well supported. The bottles of wine and water were donated, as were the bottle bags, and participants were invited to choose a bag to see whether it was water or wine!

In July, we were invited to work in partnership with the Rotary Club of Rugby Dunsmore to hold a Charity Proms Concert at the Temple Speech Room. This featured the Male Voice Choirs of Rugby, Northampton, Coventry and RNA Leamington, plus the acclaimed Jaguar Land Rover Band with guest soloist,



Mel Cotton. We were very grateful to Urban & Civic, the developers of Houlton, for their generous sponsorship of the event, and the audience of 700 raised the roof with the traditional singing at the end of the proms concert.

In September, we held a 'Pictures & Toys' stall, at the Rogers Hall monthly coffee morning.

*Our Charity Proms Concert - at the Temple Speech Room.*

This year we participated in the Charity Card Shop held in St. Andrew's Church, and our cards were also sold at the Tea Bar and other events.

In November, we held a very enjoyable quiz which included a fish and chip supper. Our thanks go to our quiz master, Kris Starkey.

On a very snowy, icy night in December, we again joined the Rotary Club of Rugby Dunsmore's Christmas Carol Service, and provided the mulled wine and shortbread.

There have also been a number of organisations who have held events and donated their profits to the Friends. In particular, the Friends would like to thank the ladies of Hanover Gardens, for their continued support through the events they hold, and the wonderful knitted items that they provide. Thanks also, to Pauline Masterman and her helpers, for organising the Book Sales.

**Kathryn Lawrence**



## Community Liaison Report

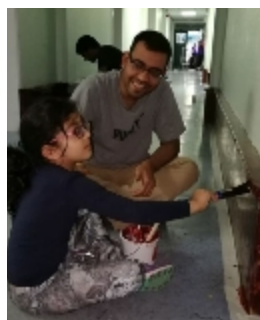


A number of local groups within the Asian Community in Rugby were involved, this year, in raising funds and doing voluntary work at St. Cross.

Every year, members of the Hindu Swayamsevak Sangh (UK) - Rugby branch, volunteer their time on a day set aside primarily to make a difference to people around us. The day is called 'Sewa Day' and, as mentioned in the Board Report, a team came to the hospital in September and painted the walls of the corridor, from the Friends Blood-Taking Unit, past the Elizabeth Chapel, and on to the Multi-Faith Prayer Room.

One of the younger participants, Suhani said; "I really enjoyed painting the hospital walls, with my dad and others. We feel good when we help others, and it's easy when we all do it together! It was a really fun day, and I would really like to go next year on Sewa Day!"

We also received a donation from Rugby's Sri Kalyan Yoga Centre, for our Sleep Study Project. Mr. Vasant Mistry said; "Sri Kalyan Yoga Centre has been running yoga classes since 2006, at the Hindu Temple in Kimberley Road, and at the Indian Community Centre in Edward Street. We are a small group, promoting yoga as a part of Hindu community in Rugby. Whatever donation we receive, we donate this to charities. Our first priority is to serve the town where we live. This year the Group have decided to support the Friends of the Hospital of St. Cross, Rugby."



*Suhani helps dad paint a wall on Sewa Day!*



*At the Shree Prajapati Association dinner and dance.*

the incidence of cataracts is particularly high in their community.

In December, the Shree Prajapati Association held a dinner dance which raised money for the Friends. Members of the team which performs cataract operations came along, talked about the service and showed the guests some of the instruments which are used during these procedures. This was of great interest to the guests, as the

Our aim for the future is to involve more community groups to work in partnership with the Friends of St. Cross to support the hospital, so that our volunteers and supporters reflect the wider community in Rugby who attend the Hospital of St. Cross.

**Ramesh Srivastava**

## Hospital Report



As you will already see, elsewhere in this report, 2017 was a very exciting year for St. Cross, with the introduction of the Flexible Outpatient Cystoscopy Urogynaecology Service (FOCUS), which was launched at the Friends AGM, this time last year. We hope that the development of this new service will be the first of several, over the next few years. With this in mind we are currently working on proposals, which we would like to present to the Friends, for potential projects for them to consider supporting.

We were really pleased, in October 2017, that we opened the doors to a Cardiac Catheterisation Laboratory, which sees around 40 patients each week who have Electro Physiology studies on their heart. Again, this is a new development for us at St. Cross, and one which staff and patients have welcomed with open arms.

As you know from previous years, we are continually trying to improve the environment for our patients and visitors. 2017 was no exception. Thanks to the support of the Friends of St. Cross, we have installed a secure buggy park, and a fenced-off secure garden area, with picnic table seating, outside the Children's Outpatients department. We hope that parents and children will benefit from the improved outdoor space (we also hope that the weather is nice enough for everyone to take advantage of it!). In addition to this, we were really pleased, late last year, to be able to personalise one of the bays on Hoskyn ward. Many patients on this ward are elderly, and this decorated bay - with replaced flooring and new cheerful pink paint - will help them find their way around, as they can more easily identify the bay that they've come from. We are now planning on replicating this across the rest of the ward, using a different colour scheme in each of the bays.



*Two new glucose level monitors are helping the team at the Joan Cox Diabetes Centre to develop treatment plans for patients whose blood glucose levels fluctuate.*

Having now given you a whistle-stop review of some of the highlights over the last year, I'm really pleased at the developments we've seen in 2017. We look forward to building on this in 2018 with the changes we've got in store, many of which are only achievable thanks to your continued support.

**Juliet Starkey**

*Group Manager St. Cross  
& Trauma Orthopaedics*

## ... 2017 IN PICTURES



Colleagues from the Coventry Building Society presented a donation, based on the amount invested by the community in the Supporters Account (St. Cross).



Left: The Team in Hoskyn Ward try out two of the mobility aids donated by the Friends. Above: The team in theatre demonstrate how a new device helps position a patient's knee during surgery.



Members of Rugby Theatre who volunteered their time to help us present 'Tinkle's Last Tinkle', as part of our Murder Mystery Medieval Banquet, in July!





## Save and support with Coventry Building Society

When you open a Supporters Account (St Cross) with Coventry Building Society they'll donate a sum equal to 1% of the average balances saved to the Friends of the Hospital of St Cross.

Call into Rugby branch or call

**0800 121 8899**

Supporters Account (St Cross) is offered in association with the Friends of the Hospital of St Cross. It's an instant access savings account with a minimum balance of £1. Interest is paid annually or monthly. Each year the Society will donate (without attributing an amount to a specific account holder) a sum based on the balances invested in support of the Friends of the Hospital of St Cross. The sum is calculated by adding together the balances held on the last day of the month in all accounts that support the Friends of the Hospital of St Cross and dividing that total by 12. This calculation is repeated for each of the 12 months of the year and the totals are then added together and multiplied by 1% to produce the donation figure for the year. Our Customer Service Centre is open Monday to Friday 9am-6pm, Saturday 9am-5pm, Sunday 10am-4pm. Calls to 0800 numbers are free when made from the UK. You may be charged for calls to all other numbers, please contact your service provider for further details. We may monitor, record, store and use telephone calls to help improve our service and as a record of our conversation.

Information correct as at June 2017.

Friends of the Hospital of St Cross. Registered address: Brookfield House, Hospital of St Cross, Barby Road, Rugby CV22 5PX.  
Registered Charity number 218485. Coventry Building Society. Principal Office: Economic House, PO Box 9, High Street, Coventry CV1 5GN.